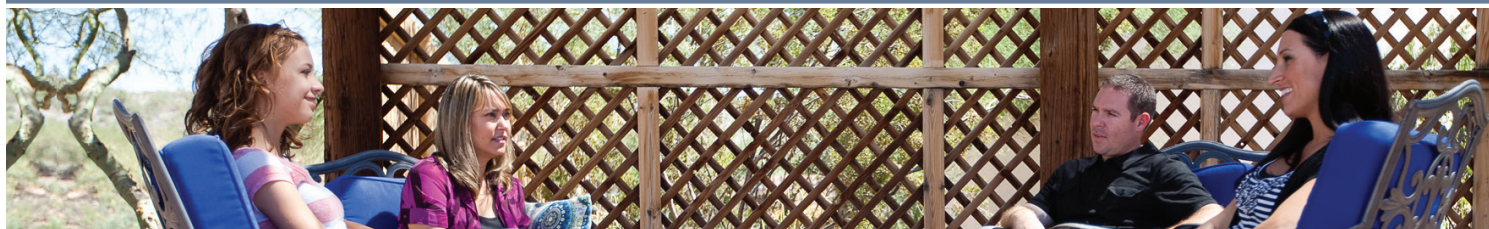


FAMILY WEEK AT ROSEWOOD RANCH

A Father's Poem



Today a surprise - received an invitation.
Is it a cause for celebration?
No - Family Week at Rosewood Ranch.
Should we go and take a chance?

We miss the one the one that we love so
Let's put aside fears, pack up and go.
Finalized our reservations, there is no more hesitation.

Arriving at Rosewood, we're still not sure.
To be truthful, feeling rather insecure.
Here comes our loved one! I'm holding her tight.
You know I believe it will be alright!

Other families were met. They struggle too,
Not knowing exactly what to do.
How do we speak, what do we say,
to get us through these challenging days?

Ms. Billie led us and she was great!
Improving our ways to communicate.
The setting of boundaries was a new goal.
A promising way to keep ourselves whole.

Did we cause this dread disease,
One that brings us to our knees?
A big surprise - it wasn't me!
Must have been that family tree.

Burdens were lightened from the past,
Sharing amends that will surely last,
ridding ourselves of doubts and sorrows,
Assured us all of brighter tomorrows.

Feelings were shared with all our peers.
It wasn't easy - brought us all to tears.
Kleenex scattered strategically round
Aided in sharing and love did abound.

A new approach was taught this group.
Ever heard of a Feedback Loop?
Put this tool to use and you will see
more understanding 'tween you and me.

If a healthier and happier you, you seek
Head off to Rosewood for Family Week.
A special place of love and caring.
You come home stronger thanks to the sharing.

A big "THANK YOU" to all the staff
who did so much on our behalf.
If you should get an invitation,
GO - It's truly a cause for celebration!

ABOUT ROSEWOOD'S FAMILY PROGRAM: Rosewood's comprehensive family program includes an intensive family week. Family week is designed to assist patients and their family members in becoming more aware of the dynamics of eating disorders operating within a family system.



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CENTERS FOR EATING DISORDERS

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