

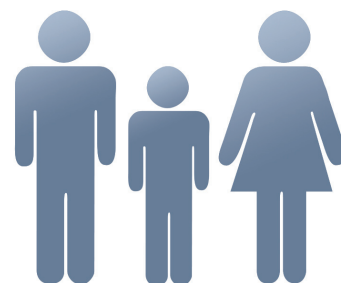


ROSEWOOD®  
TEMPE OUTPATIENT CLINIC  
ROSEWOOD CENTERS FOR EATING DISORDERS

# OUTPATIENT TREATMENT

GENERAL COUSLING | NUTRITION | PSYCHIATRIC SERVICES

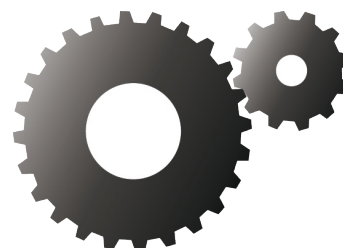
**WHO WE TREAT:** Rosewood Tempe Outpatient Clinic offers therapeutic services to support emotional growth and healing in men, women, and adolescents struggling with anorexia, bulimia, and binge eating disorder, as well as co-occurring addictions and mental disorders.



**TREATMENT MODALITIES:** Our multidisciplinary team of therapists, dietitians, and psychiatrists employ a full spectrum of traditional and alternative treatment modalities to meet clients' needs. Modalities can include DBT, CBT, art therapy, marital counseling, alternative therapies, and more.

Clients also receive a comprehensive nutritional evaluation and customized meal plan from our registered dietitians. Complex and varied eating disorder issues are addressed as clients participate in individual sessions, meal planning classes, educational presentations, and experiential activities.

**PROFESSIONAL PARTNERSHIPS:** Rosewood Tempe takes a collaborative approach to treatment, and sees professional referents as vital members to the clients' treatment team. That is why we can and will collaborate with community referents whose clients need a higher level of care and/or daily supervision.



**COMMUNITY SUPPORT GROUPS:** Community groups at Rosewood Tempe offer support, insight, and coping tools for clients in recovery, as well as for their loved ones and care providers. In a supportive, interactive group environment clients learn that they are not alone, and are encouraged to help one another through the healing process under the guidance of an experienced clinician or trained group facilitator.

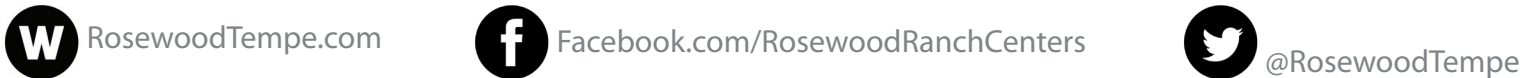




# INDIVIDUALIZED CARE THAT FITS YOUR LIFE

**ABOUT ROSEWOOD TEMPE:** Rosewood Tempe Outpatient Clinic is a general counseling, nutrition, and psychiatric services program that meets client needs in a safe, respectful outpatient treatment environment. We help with a broad range of issues including depression, anxiety, trauma, behavioral problems, addictions, family or relationship conflicts, and eating disorders. The purpose of the Rosewood Intensive Outpatient program is to provide therapy for adults and adolescents who have an eating disorder diagnosis but do not meet the criteria for inpatient treatment, and to provide transitional support for adults and adolescents who have completed an inpatient eating disorder treatment program.

Our highly trained multidisciplinary team of therapists, dietitians, and psychiatrists employ a full spectrum of developmentally appropriate treatment modalities to meet each individual's needs. We strive to empower our clients with the tools they need to begin freeing themselves of self-destructive eating, thinking, and behavioral patterns.



**ROSEWOOD CENTERS FOR EATING DISORDERS:** For individuals in need of a higher level of care, Rosewood Centers for Eating Disorders offers an intensive inpatient, residential, and partial hospitalization program (with residential living). With over a decade of experience in eating disorders treatment, Rosewood Centers for Eating Disorders is nationally recognized as a center of excellence where clients receive hospital level care in an intimate spa-like environment.



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24/7 Intake 800-845-2211

